

# 2025 GeriPsych Conference



## Program Schedule

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# 2<sup>ND</sup> DECEMBER 2025: CONFERENCE DAY 1 (WORKSHOPS)

NOTE: ALL WORKSHOPS ARE PAID SEPARATELY FROM THE CONFERENCE  
REGISTRATION

Time	Conference Hall	CMET1	CMET 2
<b>9 AM onwards</b>	<b>REGISTRATION</b>		
<b>10 AM-1 PM</b>	<p><b>Workshop 1</b> Cognitive Stimulation Therapy workshop</p> <p><b>Resource Persons:</b> Dr Sridhar Vaitheswaran, Ms. Madhumithaa, Ms. Niveditha</p>	<p><b>Workshop 2</b> Cracking the Code of Behavioural and Psychological Symptoms of Dementia: A Practical Approach for Clinicians</p> <p><b>Resource Persons:</b> Dr Sushmita Haldar, Dr Debanjan Bannerjee, Ms Snehasree Neogy</p>	<p><b>Workshop 4</b> Building Circles of Care: Integrating Cognitive Rehabilitation, Family Support, and Community Engagement for Alzheimer's Dementia"</p> <p><b>Resource Person:</b> Dr Manisha Jha, Ms Garima Ranga</p>
<b>1PM -2PM</b> <b>Lunch</b>			
<b>2 PM – 5 PM</b>	<p><b>Workshop 1:</b> Cognitive Stimulation Therapy workshop (cont...)</p>	<p><b>Workshop 3</b> Adapting CBT for Older Adults workshop</p> <p><b>Resource Person:</b> Dr Nimisha Kumar</p>	<p><b>Workshop 5</b> Healthy Ageing for Women: Guiding Professionals to Support Wellbeing and Resilience in Ageing Women Through Preventive Bio-Psycho-Social Approaches</p> <p><b>Resource Person:</b> Dr. Sheeba Ninan and Dr. KL Vidya</p>

# 3<sup>rd</sup> DECEMBER 2025: CONFERENCE DAY 2

**Note: List of Oral and Poster presentations can be found at the end of the program.**

**Printed Posters** will be displayed at the **Foyer Area** outside the Conference Hall

Time	JLN Auditorium	Conference Hall	CMET1	CMET2
<b>8:00 AM onwards</b>	Registration			
<b>9:00-10:00</b>		<b>Oral Paper 1</b>  <b>Chairpersons:</b> Dr Abhijith Dr Preethy K	<b>Oral Paper 2</b>  <b>Chairpersons:</b> Dr Nishtha Chawla Dr Ambica	<b>Oral Paper 3</b>  <b>Chairpersons:</b> Dr Vaibhav Patil Dr Barre Vijaya Prasad
<b>10:00-11:00</b>	<b>INAUGURATION</b>			
<b>11:00-11:30</b>	<b>HIGH TEA (Foyer)</b>			
<b>11:30-12:00</b>	<b>Keynote Address:</b> "Can Anyone Age Gracefully?"  <b>Speaker:</b> Prof N K Chadha  <b>Chairperson:</b> Prof Manju Mehta Prof P T Sivakumar			
<b>12:00-12:30</b>	<b>Invited Talk 1:</b> Clinical Approach for the Management of Late Life Depression: Experience from a tertiary care centre for Geriatric Psychiatry  <b>Speaker:</b> Prof P T Sivakumar  <b>Chairpersons:</b> Prof Nand Kumar Prof Pankaj Verma	<b>Invited Talk 2:</b> Loneliness, Neglect, and Suicide in Later Life: From Despair to Hope  <b>Speaker:</b> Prof Sushmita Haldar  <b>Chairpersons:</b> Prof Waheeda Khan Dr Yamnum Surbala Devi		

<b>12:30-13:30</b>	<b>Symposium 1:</b> AI for Early Detection of Dementia in Low-Resource Settings	<b>Symposium 2:</b> Behavioural and Psychological Symptoms in Dementia: Challenges and Management.	<b>Symposium 3:</b> Changing Family Dynamics and Their Impact on Elder Mental Health: Psychological Challenges, Inter-generational Trends, and Intervention Strategies in Urban India	<b>Symposium 4:</b> Reflections on Psycho-oncology from a Tertiary Care Geriatric Mental Health Setup
	<b>Speakers:</b> Dr. Rahul Mathur, Dr. Ayushi Chaturvedi, Dr. Shubha Bagri, Dr. Merlin Mathew, Dr. Ashish Pakhare	<b>Speakers:</b> Dr. Akash Jaiswal, Dr. Bhrigu Jain, Dr. Swati Kedia Gupta, Dr. Pramod Kumar Mehta	<b>Speakers:</b> Dr. Saswati Bhattacharya, Dr. Swati Pathak Dr. Sonali Mukherjee	<b>Speakers:</b> Dr. Prerak Kumar, Dr. Akanksha Sonal, Dr. Aahel Bandyopadhyay
<b>13:30-14:30</b>	<b>LUNCH, Quiz Screening. DMC Talk – “Legal issues in Medical Practice: Current Perspectives” by Dr Jaswant Jangra</b>			
<b>14:30-14:45</b>		<b>Sponsored Session:</b> Dr Kranti Prasad (Prasad Psycho)		
<b>14:45-15:15</b>	<b>Invited Talk 3:</b> Clinical Neuropsychological in Ageing  <b>Speaker:</b> Prof Ashima Nehra  <b>Chairperson:</b> Prof SPK Jena Prof Ashwini Mishra	<b>Invited Talk 4:</b> Old Age Homes in India - Just Needed Or Must Needed  <b>Speaker:</b> Prof Abdul Majid  <b>Chairpersons:</b> Prof Shiv Prasad Prof Sandhya Gupta		
<b>15:15-15:45</b>	<b>Keynote Address:</b> Differentiating Mild Cognitive Impairment from Normal”  <b>Speaker:</b> Prof. Kameshwar Prasad  <b>Chairperson:</b> Prof Rajesh Sagar Prof N Wig			

<b>15:45- 16:45</b>	<b>Symposium 5:</b> Role of Assistive Technology and Smart Homes for Aging in Place	<b>Symposium 6:</b> Loneliness as the Geriatric Giant: From Burden to Resilience	<b>Symposium 7:</b> Assessment and Management of Patients with Dementia and their Caregivers: Insights into Early Identification and Intervention	<b>Symposium 8:</b> Cognitive Aging Through a Psychosocial and Cultural Lens: Mechanisms, Prevention, and Rehabilitation
	<b>Speakers:</b> Dr. Akashdeep Ghosal, Ms. Nitya Arora, Ms. Dimple	<b>Speakers:</b> Dr. Shashank Saurabh Sinha, Dr. Nisha Mani Pandey, Dr. Akanksha Sonal	<b>Speakers:</b> Dr. Manoj Kumar Bajaj, Dr. Barre Vijay Prasad, Dr. Osheen Saxena	<b>Speakers:</b> Dr Rudrani Chatterjee, Dr. Shahzadi Malhotra, Dr. Manisha Jha
	<b>Chairpersons:</b> Prof Rohit Verma Prof Swati Patra	<b>Chairpersons:</b> Prof Rachana Bhargava Dr Nidhi Soni	<b>Chairpersons:</b> Dr Nimisha Kumar Dr Preerna Sharma	<b>Chairpersons:</b> Prof Ashima Nehra Dr Pramod K Mehta
<b>16:45- 17:00</b>	<b>TEA BREAK</b>			
<b>17:00- 18:00</b>	<b>Oral Paper 4</b>	<b>Oral Paper 5</b>	<b>Oral Paper 6</b>	<b>Oral Paper 7</b>
	<b>Chairpersons:</b> Dr Sonia Puar Dr Ankita Chattopadhyaya	<b>Chairpersons:</b> Dr Jaswant Jangra Dr Pratibha Anand Singh	<b>Chairpersons:</b> Dr Rashmi Pandey Dr Silky Arora	<b>Chairpersons:</b> Dr Nitika Lal Dr Tanuja Kaushal
<b>Poster Session 1: Foyer Area</b> <b>Judges:</b> Dr Sunil Verma Dr Renu Sharma				

# 4<sup>TH</sup> DECEMBER 2025: CONFERENCE DAY 3

**Note: List of Oral and Poster presentations can be found at the end of the program.**

**Printed Posters** will be displayed at the **Foyer Area** outside the Conference Hall

Time	JLN	Conference Hall	CMET1	CMET2
<b>9:00-10:00</b>	<p><b>Quiz</b></p> <p><b>Quiz Master:</b> Dr Ankita Chattopadhyay Dr Nitika Lal</p> <p><b>Chairpersons:</b> Dr Preethy K</p>	<p><b>Oral Paper 8</b></p> <p><b>Chairpersons:</b> Dr Renu Sharma Dr Swati Kedia Gupta</p>	<p><b>Oral Paper 9</b></p> <p><b>Chairpersons:</b> Dr Osheen Saxena Ms Divyani Khurana</p>	<p><b>Oral Paper 10</b></p> <p><b>Chairpersons:</b> Dr Harsha Ms Aishwarya Raj</p>
<b>10:00-10:30</b>	<p><b>Invited Talk 5:</b> Role of Clinical Psychologists in Geriatric Mental Health</p> <p><b>Speaker:</b> Prof Rakesh Tripathi</p> <p><b>Chairpersons:</b> Prof Vibha Sharma Prof Neera Pant</p>	<p><b>Invited Talk 6:</b> Wellness and functional disability in older adults: retraining is the key</p> <p><b>Speaker:</b> Prof Sandhya Gupta</p> <p><b>Chairpersons:</b> Prof Sujata Satapathy Dr Uday Sinha</p>		
<b>10:30-11:30</b>	<p><b>Symposium 9:</b> Addressing the hidden epidemic of substance use in elderly</p> <p><b>Speakers:</b> Dr. Anaf Kololichalil, Dr. Muhammad Jadeer K, Dr. Pooja Shakya, Dr. Nileswar Das, Dr. Siddharth Sarkar</p> <p><b>Chairpersons:</b> Prof Alok Agarwal Dr Vandana Sriharsh</p>	<p><b>Symposium 10:</b> Gut feelings- Exploring the Gut- Brain Axis in ageing Mental Health</p> <p><b>Speakers:</b> Dr. Anu Franco, Dr. Dyuthi R, Dr. Harshita Biswas</p> <p><b>Chairpersons:</b> Prof Sridhar Vaitheswaran Dr Gagan Hans</p>	<p><b>Oral Paper 11</b></p> <p><b>Chairpersons:</b> Dr Rahul Mathur Dr Satyam</p>	<p><b>Oral Paper 12</b></p> <p><b>Chairpersons:</b> Dr Namrata Makkar Dr Vandana Choudhary</p>
<b>11:30-12:00</b>	<b>Invited Talk 7:</b> ECT in older adults: Myths,	<b>Invited Talk 8:</b> Dilemma in clinical		

	<p>Evidence and Clinical realities</p> <p><b>Speaker:</b> Dr Om Prakash J</p> <p><b>Chairpersons:</b> Prof Deepak Kumar Prof Rohit Verma</p>	<p>diagnosis of Frontotemporal dementia</p> <p><b>Speaker:</b> Prof Preeti Sinha</p> <p><b>Chairpersons:</b> Prof Atul Ambekar Prof Mina Chandra</p>		
<b>12:00-12:30</b>	<p><b>Invited Talk 9:</b> Sense of Self in Dementia</p> <p><b>Speaker:</b> Dr Vibha Sharma</p> <p><b>Chairpersons:</b> Prof Pratap Sharan Prof Latha Venkatesan</p>	<p><b>Invited Talk 10:</b> Tackling substance use in the elderly: Families, Frailty, (Lack of) Friends, Finances, and Fate</p> <p><b>Speaker:</b> Dr Siddharth Sarkar</p> <p><b>Chairpersons:</b> Prof Sudhir Khandelwal Prof Anju Dhawan</p>		
<b>12:30-13:30</b>	<p><b>Symposium 11:</b> Parkinsonism and Psychiatry Inter-twined: A Comprehensive Approach to Assessment and Management</p> <p><b>Speakers:</b> Dr. Vaibhav Patil, Dr. Vignesh Kuppusamy, Dr. Anjali Bhasin, Dr. Harsha, Dr. Vipindeep Kaur Sandhu</p> <p><b>Chairpersons:</b> Prof Ravindra Rao Dr Vivek Rustagi</p>	<p><b>Symposium 12:</b> Multidisciplinary Insights into Dementia Care for Older Adults</p> <p><b>Speakers:</b> Dr Ambica Singh, Ms Richa Goswami, Ms Isha Goswami, Dr Shivani Shailajaa</p> <p><b>Chairpersons:</b> Prof Prasun Chatterjee Dr Poonam Phogat</p>	<p><b>Symposium 13:</b> Bridges Across Time: Intergenerational Communication and Mental Health in a Changing India</p> <p><b>Speakers:</b> Dr Preethy Kathiresan, Dr. Jaswant Jangra, Dr. Durgeshwari, Ms Divyani Khurana</p> <p><b>Chairpersons:</b> Prof Honey Oberoi Prof Shaily Mina</p>	<p><b>Symposium 14:</b> Ageing, Well-being, and Cultural Dynamics in India: Bridging Family, Autonomy, and Care in Later Life</p> <p><b>Speakers:</b> Ms. Megha Attri, Mr. Jasar Khan, Ms. Manya Lal, Ms. Kudrat Sachdeva</p> <p><b>Chairpersons:</b> Prof Sonali Jhanjee Prof Prabhu Dayal</p>
<b>13:30-14:30</b>	<b>Lunch</b>	<b>Sponsored Session- Pukhya</b>		

<b>14:30-15:30</b>	<p><b>Oral Paper 13</b></p> <p><b>Chairpersons:</b> Dr Pooja Shakya Ms Kalpana</p>	<p><b>Oral Paper 14</b></p> <p><b>Chairpersons:</b> Dr Panna Sharma, Dr Nishtha Grover</p>	<p><b>Oral Paper 15</b></p> <p><b>Chairpersons:</b> Dr Mahadev Singh, Ms Lini</p>	<p><b>Oral Paper 16</b></p> <p><b>Chairpersons:</b> Dr Swarndeep Singh Dr Mohd Afsar</p>
	<p><b>Poster Session 2: Foyer Area</b></p> <p><b>Judges:</b> Dr Siddharth Sarkar Dr Yamnum Surbala D</p>			
<b>15:30-16:30</b>	<p><b>Symposium 15:</b> Climate Change and Geriatric Mental Health: Emerging Evidence, Mechanisms and Adaptive Strategies</p> <p><b>Speakers:</b> Dr. Ankita Chattopadhyay, Dr. Pinki Sevda, Dr. Vipindeep Kaur Sandhu, Dr. Arnab Datta</p> <p><b>Chairpersons:</b> Dr Roshan Bhad Dr Ajesh K</p>	<p><b>Oral Paper 17:</b></p> <p><b>Chairpersons:</b> Dr Shalini Singh</p>		
<b>16:30-17:30</b>	<b>Valedictory and Tea</b>			

# ORAL PAPERS:

\* Presenting Author #Registered co-author

## ORAL PAPER 1

S.No.	Title of Paper	Authors
1	A Study on Metacognition Neurocognitive Functions and Quality of Life Among Older Adults with Depressive Disorder	Sahu, Srishti*, Singh, Shweta, Tripathi, Rakesh Kumar, Mohan, Shailendra, Nischal, Anil
2	Behavioral And Psychological Symptoms in Dementia - A Cross-Sectional Study in A Tertiary Care Centre	Manikandan, Pranav*
3	Behind Behavioral and Psychological Symptoms of Dementia: A Qualitative Study on Care, Management and Caregiver's Burden	Rathore, Yukteshwari*, Khurana, Rati
4	Psychiatric Morbidity Among Old Age People Attending a Tertiary Care Hospital a Retrospective Study	Sharma, Shobha*, Arora, Jahnavi#, Lal, Rakesh, Govil, Sandeep
5	The Psychological Flatline Syndrome: Uncovering Silent Cognitive Emotional Withdrawal in Cognitively Intact Elderly	Hidash, Mohammed*
6	Unique Clinical and Caregiving Challenges in Posterior Cortical Atrophy: A Retrospective Descriptive Study and its Implications for Clinical Care	Nandasoonu, Megha*, Sinha, Preeti, P, Sivakumar T, Harbishettar, Vijaykumar

## ORAL PAPER 2

1	When Life Feels Too Much: A Qualitative Enquiry of Contextual Factors Associated with Suicidal Ideation Among Older Adults	Ranga, Garima*, Jha, Manisha
2	Exploring The Role Of 2D:4D Ratio and Iris Pigmentation in Cognitive Aging	Sood, Sanchita*, Sharma, Aradhya#
3	Gender Differences in Self-Compassion, Coping, And Burden Among Older Family Caregivers of Individuals Suffering from Cancer	Kashyap, Riya*, Narula, Pranav#, Shriharsh, Vandana#
4	Temporality And Well-Being in Later Life: Understanding Time Orientation and Its Links to Mood and Quality of Life in Indian Older Adults	Sharma, Deepasha*, Joshi, Garima, Juneja, Sankalp
5	Comprehensive Assessment of Depression, Loneliness and Social Support Among Geriatric Population Living in Delhi/NCR	Gupta, Shivika*, Bansal, Radhika#, Das, Nayanika#, Sahni, Rajni
6	Prospective Observational Study on Predictors of Prolonged Length-Of-Stay (Plos) In Hospitalized Indian Older Patients	Poonia, Yogesh*, Rao R Abhijith, Tata Raj kumar, Singla Chirag, Mehta Pramod Kumar, Soni Nidhi, Singh Ambica, Chatterjee, Prasun, Wig, N, Chakrawarty, Avinash

### ORAL PAPER 3

1	A Cardiovascular Safety Profile of Cholinesterase Inhibitors in Dementia: A Review of Clinical Evidence and Pharmacovigilance Data	Chaturvedi, Ayushi*, Gaurav, Deep, Mathur, Rahul
2	The Use of Eye-Tracking as a Digital Biomarker Of Cognitive and Functional Status in Older Adults: A Pilot Study	Tejwani, Ritika*, Queen Moona, Dhyani, Ishita, Mathew, Merlin, Verma, Rohit
3	Associations Between Sleep Architecture and Episodic Memory in Aging	Singh, Akansha*, Akhtar, Nasreen, Kaloiya, Gauri Shanker, Sharma, Ratna, Tripathi, Manjari
4	Preserving Personhood Through AI And Social Robotics: Toward A Person-Centered Care Framework for Dementia and Elderly Settings	Baruah, Anganabha*
5	Early Detection of Dementia with Technology: Integrating Cognitive, Affective, And Functional Screening in Indian Older Adults	Mukherjee Sharanya*, Kaur Veronica#, Ghosh Tulika

### ORAL PAPER 4

1	Artificial Intelligence (AI) And Robotic Applications in Geriatric Neuropsychiatric Care	Goel, Michalle*, Singhal, Jiya#, Baruah, Angnabha#
2	Digital Confidence and Cognitive Reserve in the Elderly: An Exploratory Perspective	Badal, Divya*, Kumari, Simran#, Jha, Manisha, Sharma, Vibha
3	Ageing In the Digital Era: Understanding Generational Perspectives on Attitudes Towards Artificial Intelligence	Kaur, Manroop#, Brijesh, Rishika*, Pant, Ayushi#, Pandey, Pranjal, Bhati, Aditi Singh, Iyer, Aparna
4	Artificial Intelligence and Adaptation to Loss in Older Adults: Examining the Roles of Meaning-Making and Spirituality	Khurana, Tisha*, Saxena, Tamanna
5	Digital Aging: Exploring Technology Use, Loneliness and Well-Being Among Older Adults in India	Lodhi Natasha,* Sharma, Vijayetta
6	Artificial Intelligence in the Early Detection of Dementia: A Systematic Review	Brinda Shree*, Patel, Ashini, Verma, Pankaj

### ORAL PAPER 5

1	The Sleep–Mind–Body Connection in Middle Adulthood: Exploring Yoga as a Pathway to Reduce the Overlap of Physical and Mental Illness	Gupta, Avantika*, Gupta, Avani, Singh, Abha
2	Exercise Addiction and Psychological Distress Among Midlife and Older Adults: Evidence from a Pre-Geriatric Mental Health Perspective	Prasad, Shubham*, Malhotra, Indu#
3	Assessing The Association Between Sleep Duration and Mild Cognitive Impairment among the Indian Geriatric Population.	Ranjan, Shivanshi*, Verma, Prachi, Grover, Nishtha#

	Anxiety, Somatic Symptoms and Social Support: Correlational Insight into Elderly Well-Being in Delhi NCR	Rana, Nistha*, Singh, Akshara#, Amit
5	Efficacy Of Self-Managed Psychoeducation Based Pain Management Program in Reducing Pain Intensity in Middle-Aged and Older Aged Patients with Chronic Low Back Pain	Saishree*, Pandey, Nityanand, Ranjan, Jay Kumar, Asthana, Hari Shanker
6	Medication Beliefs in Patients with Parkinson's Disease: A Cross-Sectional Study from North India	Jain, Somya*, Paul Birinder Singh, Singh, Sidak Bir
<b>ORAL PAPER 6</b>		
1	Computer-Based Cognitive Training (CBCT) Versus Paper-Based Cognitive Training (PBCT) For Improving Cognition in Patients with Mild Cognitive Impairment: A Systematic Review	Batra, Ritika*, Saxena, Tamanna
2	Essence Of Indian Classical Ragas for Promoting Mental Well-Being Among Older Adults with Dementia	Vats, Aditi*
3	An Intervention Based Study to Combat Loneliness in Elderly by Involving them in Group Singing as a Short-Term Intervention.	Agrawal, Chinu#, Neogy, Pallavi*, Jindal Shailesh
4	Blending Traditions: Integrative Aromatherapy and JPML for Geriatric Wellness	A, Sabrina*, R, Vidhya Lakshmi#, Mohan Ishvar
5	A Study on the Feasibility and Effectiveness of A Mindfulness-Based Intervention to Enhance Sexual Well-Being Among Older Adults	Khanna, Jaishelly*
6	Willingness Of Family Caregivers of People with Cognitive Impairment to Undertake Cognitive Training: Preliminary Thematic Qualitative Analysis	Batra, Ritika*, Saxena, Tamanna
<b>ORAL PAPER 7</b>		
1	Effectiveness Of Mentalization-Based Therapy in Treating Obsessive–Compulsive Disorder Among Older Adult Men: A Systematic Review	Narula, Pranav*, Kashyap, Riya#, Shriharsh, Vandana#
2	Adapting Psychotherapy for Older Adults: Barriers and Modifications	Sachdev, Jasleen Kaur*, Sharma, Vibha
3	Sahayak: Mobile App for Alzheimer's Patients and Caregivers	Sondhi, Anupama*
4	Effectiveness Of Mindfulness Based Cognitive Therapy on Cognitive Performance, Mood, and Functional Independence among Older Adults with Mild Cognitive Impairment	Mujeeb, Adnan*, KP, Aryasree#
5	The Role of Emotional Disenfranchisement in Mediating the Relationship between Role Captivity and Narrative Identity Disruption among Caregivers of Older Adults	Ayoob, Ayesha*
6	Profile and Pattern of Mental Illness among patients admitted at Geriatric	Prerna*, Yadav Anjali*, Kuppuswamy V, Kathiresan, Preethy

Psychiatry Ward in National Centre for Ageing, AIIMS Delhi

### ORAL PAPER 8

1	Neuropsychological Rehabilitation and Interpersonal Psychotherapy (IPT) In Older Adults with Neurodegenerative Disorders	Lohia, Deepali*, Sharma, Aradhyा#
2	Mind Over Malignancy: Investigating The Psychosomatic Continuum and the Mediating Roles of Learned Helplessness, Coping, and Social Support among Elderly Cancer Patients	KP, Aryasree*
3	Theory-Driven Bilingual Instrument for Exploring Caregiver Experiences of Apathy in Dementia	Semwal, Maitryaee*, Mishra, Preeti, Mehta, Sumit, Dhyani, Mohan
4	Meaning-Making in Ageing and End-Of-Life: A Qualitative Exploration Among Older Adults	Arora, Simran*
5	Mental Health and Coping Strategies Among Rural Elderly: Barriers and Care Expectations	Sharma, Chetan*, A, Nandhini, Rawat, Vikram Singh, Sivakumar, PT, Kumar, CN, Thirthalli, J, Manjunatha, N, Math, Suresh Bada
6	The Digital Turn in Ageing: How Social Media Shapes Quality of Life in Older Adults	Gaba, Manthan*, Agarwal, Purva

### ORAL PAPER 9

1	Resilience And Rest: Psychosocial Comfort Practices of Older Women Amidst Migration-Driven Family Change	Tandon, Charvi*, Bose, Chandan
2	Balancing Parenting, Employment, And Elder Care: A Qualitative Exploration of Caregivers' Burden.	Sriram, Nithya*, Agrawal, Chinu #
3	Behind Closed Doors: Mental Health and Lived Reality of Elderly in Old Age Home	Kaushik, Ishika*, Mishra, Preeti Bala#
4	Caregiver Burnout in Geriatric Population with Neurodegenerative Disorders: A Qualitative Exploration	Gupta, Lavisha*, Sharma, Aradhyा#
5	Correlations Between Resistance to Change Religiosity Sexual Conservativeness and Attitude Towards Homosexuality Among Older Indian Adults	R, Shivakarthik*, Joseph, Sarah Susan#, Raj, Olivia Mary#, John, Jiselle Joseph#, Vivian, B
6	Culture, Gender Roles and the Emotional Cost: Guilt, Shame and Stress Among Indian	Singh, Nancy*, Singh, Anuraj
7	Impact Of Family Outmigration and Urban - Rural Differences on Depression and Perceived Loneliness among the Elderly in Uttarakhand	Pharswan, Shreya*, Singh, Richa

### ORAL PAPER 10

	Emotional Intimacy as a Mediator between Spouse, Family & Friend Support and Sleep Quality Among Older Married Couples	Khatri, Sakshi*, Srivastava, Ashima
2	Exploring The Role of Religious Socialization in Navigating Life Transitions in Older Adults	Panwar, Mitali*, Alex, Aleena Ann#, Sibal, Deveshi#, Ayoob, Ayesha, Hingar, Aarya, Bhattacharya, Saswati#
3	Psychosocial Correlates of Loneliness in Elderly Women	Prabhakar, Soundarya*, Hethlin, I#, Kiruthika, S#
4	Role Transitions, Sense of Self, Psychological Well-Being, and Social Support: A Cross-Sectional Study of Identity and Adjustment among Community-Dwelling Older Adults	Khandelwal, Naina*, Pokhriyal, Shailaja
5	Ageing, Identity, and Social Roles: Psychological and Social Experiences of Older Housewives	Veeramalli, Yamini*, Khurana, Rati
6	Correlational Study Between Job Satisfaction, Generativity and Willingness to Work Post-Retirement amongst Retirees	Nagarajan, Gayatri*, Poornima Guruprasad, Bhavna, Kareem, Gulshan,

### ORAL PAPER 11

1	Psycho-Social Predictors of Drug Abuse among Older Adults: A Qualitative Study	Mathpal, Aastha*, Sharma, Ritu, Sharma, Mamta, Dhawan, Roshni
2	Rebuilding Life After Work: Understanding How Retirees Redefine Their Roles and Identities: A Qualitative Study of Delhi NCR	Bhardwaj, Tanya*, Chaudhary, Aanchal#
3	The Effects of Modernization: A Study on the Evolution of Family Structure and Culture and its Consequences on Indian Elders	Chakraborty, Shansita*, Ghosh, Tulika
4	Subjective Well-Being and Religiosity as Predictors of Quality of Life among Older Individuals	Manuja, Priya*, Joshi, Hardeep Lal
5	Prolonged Grief Disorder in Older Indians: Investigating the Roles of Perceived Social Support, Religious Commitment, and Somatic Distress	Gururani, Yamini*, Srivastava, Priyanka
6	Later-Life Autonomy and Self-Care: Employment as a Determinant in the Lives of Older Women	Chakraborty, Srijita*, Modak, Anoma#

### ORAL PAPER 12

1	Between Fear and Fulfilment: The Relationship of Gerascophobia with Subjective Well-Being in Geriatric Population	Ahmed, Sana*, Kumar, Sara#, Grover, Nishtha#
2	Interplay Of Religiosity and Spousal Support on Subjective Well-Being of Geriatric Population: A Pan-India Study	Behera, Nivedita*, Yadav, Mansi#, Grover, Nishtha

	Exploring Religious Coping with Moral Transgression: Narratives of Older Adults and Their Association with Current Wellbeing.	Grover, Jia*, Merratey Chisty, Fariha#, Seth, Kashish, Talwar, Toran
4	Gender Differences and Interrelations Among Perception of Ageing, Psychological Well- Being, and Loneliness in Middle-Aged Adults	Mishra, Snehlata*, Vanshika#, Kashyap, Chitra
5	Voices Across Generations: Exploring Relationship and Communication Dynamics Between Geriatric and Younger Population.	Behl, Sherlin*, Walia, Sukhman#, Khurana, Rati,
6	"Still Becoming": A Qualitative Exploration of Vocational Engagement, Social Belonging, And Purpose Construction in Older Adulthood	Sachdev, Prachi*, Gazmer, Adity

### ORAL PAPER 13

1	The Ticket to Punjab from Punjab: Understanding the Persistent Psychosocial Impacts of the Partition on the Geriatric Population.	Sidhu, Aakriti*, Khurana, Rati
2	Finding A Home Away from Home: A Focus Group Study of Older Adults' Adaptation to Senior Living	Dutta, Vasundhra*, Mahapatra, Mamata
3	Intergenerational Communication Patterns and Their Impact on Relationship Quality	Barthwal, Nikita*
4	Gendered Sexual Silencing and Ageist Desexualization: Cultural Beliefs, Stigma, and Mental Health Risks in Geriatric Women	S, Kiruthika*, I, Hethlin#, M, Angelin Hilaria#, J, Blessy Felicia#
5	A Psychosocial Lens to Elder Mistreatment: A Perspective	Gupta, Hemayushi*, Verma, Sunil Kumar
6	Evolving Families Enduring Minds Kinship Health and Psychosocial Pathways of Ageing in India	Dhankhar, Muskan*, Panchal, Mansi#

### ORAL PAPER 14

1	A Comparative Study of Loneliness Among Older Adults Living in Family Settings and Old Age Homes	Arora, Khushi*, Garg, Akshita
2	The Relationship Between Nostalgia, Psychological Well-Being, and Self-Esteem Among Elderly Adults: An Indian Perspective	Jain, Dedipyaa*, Soral, Aayushi#, Shrivastava, Samriddhi#
3	Mental Well-being of Elderly Women in Modern Times: A Psychosocial and Cultural Exploration	Sharma, Seema*, Srivastava, Rani, Sinha, Uday K
4	Invisible Suffering: Psychological Distress and Burden among Family Caregivers of Persons with Neuropsychiatric Disorders	Rao, Priyanka*, Sharma, Chetan#
5	Emotional Intimacy, Perceived Social Support, and Sleep Quality in Older Married Couples: A Correlational Study	Srivastava, Ashima*, Khatri, Sakshi

Exploring the Experiences of Caregivers of End-Stage Cancer Patients: Challenges in the Indian Context

Sharma, Shubhangi#. Chowdary P, Sonika#, Sharma, Srishti#, Saini, Tarushi\*, Sharma, Rajsi

### ORAL PAPER 15

1	A Fuzzy Decision System Approach for Assessing Mental Health in Elderly	Balakrishnan, Sanjana *, V, Anzenkoffer, Mohan, Ishvar, B, Vivian
2	Development and Validation of the Geriatric Mental Health Knowledge Questionnaire for Nurses.	K, Annapoorni*, Govindan, Radhakrishnan, Thangaraju, Sivakumar, KS, Meena, Philip, Mariamma
3	B-SAFE: A Contextually Relevant and Appropriate Tool to Assess Falls Efficacy in Indian Seniors	Kumar, Palani*, Dessi, Sarvang
4	Coping Mechanisms for PCOD-Related Emotional and Psychological Stress in the Geriatric Population	Taliyan, Yashashvi *
5	Social Networking Sites Usage and Emotional Loneliness among Older Adults: A Correlational Study	Manglani, Sakshi#, Tibdiwal, D*
6	Comparative Analysis of Educational Attainment As A Protective Factor Against Postoperative Delirium In Geriatric Knee Replacement Patients	Kaur, Simar*
7	Deep Brain Stimulation: Motor, Medication, And Quality-Of-Life Outcomes for Geriatric Parkinson's Disease- A Systematic Review	Aggarwal, Vanshika*, Kala, Nandiny#, Mishra, Ankita

### ORAL PAPER 16

1	From Kutumb Vyavastha to Modern Families: The Role of Family Environment in Elderly Well-Being	Das, Mismita*, Banerjee, Silali, Das, Ispita
2	Spiritual Bypassing and Learned Helplessness: Understanding the Negative Impact of Spiritual Coping in Older Adults	Pareek, Jahanvi*, Chaudhary, Aanchal#
4	Beyond Burden: Unpacking The Link Between Positive Caregiving Experiences and Mental Health Literacy	Deb, Diksha*, AK, Ajanya, Malhotra, Shahzadi#, Arya, Arvind
5	Ambiguous Loss and Its Psychological Impact: Lived Experiences of Abandoned Elderly in Institutional Care in Delhi NCR	Chaudhary, Aanchal*; Kaur, Simar#
6	The Existential Antidote: Exploring The Relationship Between Spiritual Experience and Death Anxiety	AK, Ajanya*, Deb, Diksha#, Shahzadi Malhotra#, Arya, Arvind K
7	Distance, Duty, and Distress: Understanding Filial Anxiety in Adult Children of Elderly Parents	Punia, Swati*, Rajan, Anugraha Merin,

## ORAL PAPER 17

1	Understanding The Experiences of Grief and Bereavement of the Elderly: A Qualitative Study	Bansal, Ridhi*; Yadav, Gitika#; Mehta, Sanjanna
2	Psychosocial determinants of Resilience and Burnout in the Caregivers of the Elderly	Sharma, Sakshi*, Kaul, Sakshi
3	Effect Of Sleep Disturbances on Psychological Well-Being and Memory Complaints	Shastry Ariana*, Mukherjee; Sharanya, Ghosh Tulika;
4	Thematic Analysis of Positive Aging Through Ashrama Dharma Contrasting Urban and Rural Perspectives Among Older Adults in India	Sonali, Kumari, Bindu*; Hooda, Deepti; Malik, Anjali
5	Enhancing Cognitive Health Through Multimodal Neuroplasticity-Based Interventions: A Pilot Study of Yoga, Mindfulness, And Cognitive-Behavioral Therapy in Older Indian Adults with Cognitive Impairments	Arora, Vanshika*; Khurana, Rati
6	Anxiety & Depression Among Older Adults: Perceptions, Challenges & Treatments	Verma, Pankaj, Dabas, Deepali; Gupta, Manushree; Kaur, Simranjeet#; Bhatnagar, Devishri*
7	Elder Abuse Among Geriatric Patients with Mental Illness	Saini, Kamal*, Sahu, Kamlesh Kumar, Arora, Priyanka

# POSTER PRESENTATIONS:

**Posters** will be displayed at the **Foyer Area** outside the Conference Hall

\* Presenting Author

## POSTER SESSION 1

S.No.	Title of Paper	Authors
1	The Mouth - Mind Connection in Parkinson's Disease	Narayanan, Anitha*
2	Oral Frailty- The Missing Link in Geriatric Assessment	Narayanan, Anitha*
3	Termination Of Oat in an Elderly Male Using "The Recovery Capital Checklist" And The "Physician's Risk Factor Checklist" as a Guidance Tool	Kaur, Apinderjit*, Bhad, Roshan
4	Effectiveness Of Tele-Mental Health Services for Older Adults in India: A Review and Caregiver Perspectives	Dwivedi, Arya*
5	Late Onset Mania and Neurocognitive Decline In 61-Year-Old Male: A Case of Autoimmune Encephalitis.	Bhasin, Anjali*, Varshney, Mohit, Srivastava, M.V. Padma, Anand, Pooja
6	Family Dynamics and Adaptive Life Changes Shaping the Clinical Profile of Psychiatric Disorders in Older Adults	Kaur Walia, Gurpriya*
7	Recurrent Depressive Disorder with Psychotic Symptoms and Catatonia in an Elderly Female with Parkinson's Disease: A Case Report	Rajarapu, Hema*, Vignesh, Kuppuswamy, Kathiresan, Preethy
8	Exploring Retirement's Impact on Mental Health and Self-Identity in Older Adults: A Qualitative Study in Delhi-NCR	Malhotra, Jagriti*, Khurana, Rati
9	Digital Leisure and Healthy Ageing: A Systematic Review of Cognitive and Emotional Outcomes in Older Adults with Implications for India	Verma, Janvi*
10	A Biopsychosocial Approach to Managing Behavioural and Psychological Symptoms in Early-Onset Alzheimer's Dementia: Emphasizing Meaningful Engagement – A Case Study	Kannan, Swarnam Madhumithaa *
11	Understanding Diagnostic Challenges of Neurocognitive Disorders in Older Adults: Exploring Barriers, Misinterpretations, and Pathways Toward Precision, Early Detection, and Better Clinical Decision-Making in Different Care Settings	Fatima Mayesha*
12	Low-Tech Digital Approaches for Early Detection of Cognitive Impairment, Depression, and Loneliness in Rural Older Adults: Evidence from Uttarakhand and Haryana	Sati Medhavi*, Rani, Annu#
13	Intersection of Trauma Depression and Cognitive Decline Diagnostic and Therapeutic Challenges in Older Adults	Malik, Meher*

	Measuring Social Connectedness in Ageing: Gaps, Challenges, And A Holistic Path Forward	Arya, Navvy*, Verma, Saumya#
15	Gerotranscendence: Existential Growth and Wisdom in Later Years	Chauhan, Prachi*, Gupta, Swati Kedia, Deb, Koushik Sinha, Choudhary, Rashmi, Saxena, Charu
16	Mobile Applications for Cognitive and Emotional Health Monitoring in Geriatric Populations: A Review	Singh, Prerna*, Saxena, Tamanna
17	Suicidality And Self Harm in Older Adults	Aurangpure, Rachana Devendra*
18	A Decade of Advances in Non-Pharmacological Interventions for Older Adults with Dementia: Enhancing Cognitive Function and Quality of Life	Gupta, Saara*
19	Vascular Depression: A Case of Late-Onset Recurrent Depression with Psychotic Features and Autonomic Dysfunction	S, Shaheen Sithara*, Naz, Ifrah, Sevda, Pinki, Patra, Bichitra Nand, Sagar, Rajesh
20	Overlap Of Physical Illness and Mental Illness in Older Adults	Chattree, Shane*
21	Unmasking Autoimmune Encephalitis in A 69-Year-Old Woman Initially Presenting with Psychosis and Catatonia: A Case Report	Ahmed, Sharaz*, Bagre, Shubha, Afroz, Omar, Kathiresan, Preethy
22	Beyond Physical Recovery: Holistic Assessment and Intervention for the Elderly– A Narrative Review	Kumari, Simran*, Badal, Divya#, Jha Manisha, Sharma, Vibha
23	Exploration Of the Relationship between Relationship Satisfaction and Subjective Well-Being among Elder Couple: An Empirical Investigation	Ghosh, Sneha*, Dutt, Akshita#
24	Not All Activities are Equal: Diverse Physical Activities And Well-Being In Indian Older Adults – LASI Findings	Ghose, Urmimala*
25	Exploring The Intersection of Class & Gender in Dementia Caregiving.	Grewal, Mahee*, Rizvi, Sabeen Hasan, Kaur, Ashmanpreet
26	Digital Therapeutics for Geriatric Depression: Current Evidence and Opportunities For Implementation In India	Singh, Suruchi*; Deb, Sinha, Koushik; Gupta, Kedia, Swati; Saxena, Charu; Chauhan, Prachi
27	Audio- Assisted Artificial Intelligence (AI) For Early Detection and Personalized Management of Substance Use Disorders Among India's Elderly: A Systematic Review	Sharma, Vanya*, Gill, Aashish#
28	Digital Neurocognitive Rehabilitation Interventions for Ageing Population: A Systematic Review of Effectiveness, Usability and Cultural Adaptation in India	Sharma, Vanya*, Lakshay#
29	Satisfaction Of Older Adults in Old Age Homes	Akbar, Shamsi*, Pandey, Mani, Nisha; Tripathi, Kumar , Rakesh



Grief and Bereavement in Late Life: A Mixed-Methods Study of Older Adults

Kukreja, Kriti\*

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The Burden of Inequality: Socioeconomic Factors and Health Outcomes Among India's Elderly

Das, Sangita\*, Borooh, Indranee Phookan

## POSTER SESSION 2

1	Spiritual Practices as a Coping Strategy for Death Anxiety in Older Adults: A Multiple Case Study from India	Chaudhry, Aishna*, Sharma, Aradhya#
2	"Ketamine In the Crossroads": Treating OCD And Depression in a Cognitively Impaired Elderly Patient	Ajay, Amritha*
3	Redefining The Golden Years: A Review Paper on Successful Aging and the Challenges to Ageist Stereotypes	Chattopadhyay, Anwesha*, Mukherjee, Moumita
4	Gambling: Sure, Way of Getting Nothing Out of Something	Sharma, Astha*, Agarwal DH
5	The Sleep–Mind–Body Connection in Middle Adulthood: Exploring Yoga as a Pathway to Reduce the Overlap of Physical and Mental Illness	Gupta, Avantika*, Singh, Abha
6	Mind And Body in Conversation: Unmasking Cancer in a Geriatric Bipolar Patient	Sobhani, Ayushi*, Sinha Deb, Koushik, Chadda, Rakesh
7	The Psychological Power of Language: How Communication shapes Behaviour and Mental Health in the Ageing Population	Singhal, Neha*
8	Psychotherapeutic Interventions and Emerging Therapies in Addiction Treatment among Older Adults : A Meta Analysis	Verma Pankaj, Dabas Deepali, Gajab*, Varma Aditya, Singh Sanya, Kaushik Pratiksha
9	Psychotherapeutic Intervention in Post-Stroke: A Case Study of Geriatric Rehabilitation	Chhatwal, Harshita*,
10	Effectiveness Of Music Therapy on Psychological Well-Being in Aging Population	Yadav, Kajal*, Singh, Abha
11	Gamification in Cognitive Stimulation as a Preventive Approach to Cognitive Decline in Older Adults: A Systematic Review	Gupta, Khushi*, Agrawal, Nandita
12	A Case of Fronto-Temporal Dementia Managed with Individual Cognitive Stimulation Therapy: A Case Report	Jindal Shreya*, Kamal Nikhil#
13	Psychotherapy And Palliative Care in Geriatrics: Reflecting on the Role of Mental Health Professionals in Elderly Care	Mishra, Mihir*, Siddiqui, Shazia Veqar
14	Promoting Psychological Well-Being in Old Age: The Role of Mindfulness, Yoga and Movement-Based Therapies for Mental Health	Saraswat, Rimjhim*, Mishra, Archana
15	Grief Beyond Death: A Qualitative Study on Unrecognized Non-Death Losses and their Psychosocial Impacts in Late Life	Arora, Nandini*
16	Caregiver Dynamics and the Architecture of a Guilt-Free Life: Predictors of Meaning and Peace at End of Life	Desai, Neel H.*, Sharma, Pratham#, Trivedi, Piyush

	Pills, Loneliness, And Memory: Exploring the Link between Polypharmacy, Social Isolation, and Cognitive Decline	Singh, Nehal*, Thakur, Priyanka#
18	Exploring Gaps in Policy Implementation in India Through Stakeholder's Perspective	Goswami, Prakriti*, Bhattacharya, Saswati#, Chauhan, Somya, Sharma, Rishika, Chatterjee, Antaraa#, Gurnani, Jiya#
19	Effective Management of Treatment Resistant OCD In Elderly with Memantine Augmentation and CBT	Fageria, Punit*, Kathiresan, Preethy, Najjad, Ahmad, Kuppuswamy, Vignesh
20	Acceptance And Commitment Therapy in Chronic Pain Management: A Narrative Review of Theory and Outcomes Across Psychological and Functional Domains	Poswal, Rhythm*, Prusty, Babita
21	Grief And Healing Among Older Adults: Exploring Emotional, Family, And Community Support in Late Life	Naha, Rishita*, Jain, Samyak#
22	Reminiscence Therapy for Enhancing Cognitive Function and Psychosocial Well-Being in Individuals with Alzheimer's Disease and Vascular Dementia: A Systematic Review	Khan, Sadaf*
23	Living Between Pills and Feelings: A Qualitative Study Exploring How Polypharmacy and Depression affects the Quality of Life of the Geriatric People.	Sachdeva, Urvi*, Pasricha, Manya, Khurana, Rati
24	Attitudes Toward Death and Dying in Older Adults: A Cross-Cultural Psychological Perspective	Goel, Vaishali*, Abrol, Monika
25	The Role of Palliative Care and End-Of-Life Counseling in Oncology: Enhancing Quality of Life and Psychosocial Wellbeing for Patients and Families	Arora, Simran*
26	Lower Limb Flexibility, Muscle Strength and its association with Multidirectional Reach Test in Elderly Subjects	Kumar, Palani*
27	Effect Of Mirror Feedback on Multidirectional Reach	Kumar, Palani*
28	Management Of Behavioral and Psychological Symptoms of Dementia in Older Adults: A Systematic Review of Current Evidence and Emerging Advances	Ahmed, Sami*; Garg, Tvisha#
29	Ageing Women Across Cultures: Patterns and Predictors of Mental Health in Eastern and Western Contexts.	Sharma, Khushi*; Pandey, Rashmi
30	Unmasking Pseudodementia: Understanding Misdiagnosis in Early Neurocognitive Decline amongst Older Adults	Singh, Yashraj*
31	Effectiveness of Interventions on Cognitive Flexibility in Older Adults with Neurocognitive and Psychiatric Disorders: A Systematic Review	Agarwal, Tanisha*, Mandal, Mitu
32	From Telepsychiatry to Artificial Intelligence- Harnessing Technology for Transformative Elder Care in India	Saral, Adivya*

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